Summer at City Hall

Monday, June 15th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Introductions

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – City of Sacramento Structure Overview

9:00 am Head to separate classrooms

9:00 – 10:00 am Review Expectations – What to expect at City Hall

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Active Listening -

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Become more familiar and learn more about each person
* Review group agreements from the orientations
* Review expectations and rules for the program
* Build a sense of community and team effort
* Learn the importance of active listening

Debrief Questions:

* What is one thing you have in common with someone you didn’t know before?
* How should be before prepared for Summer at City Hall?
* What does active listening look like? When is it useful outside of Summer at City Hall?

Summer at City Hall

Tuesday, June 16th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Communication

9:00 am Head to separate classrooms

9:00 – 10:00 am What’s Your Point?

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Flipping the Switch

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand different forms of communication; verbal, aural, non-verbal, written, and visual
* Role play various scenarios were students actively practice multiple communication skills

Debrief Questions:

* Did you realize you have non-verbal communication patterns? Are they positive or negative?
* How might you consciously change your behavior?
* Share a time were you upset another person with your communication? How did you resolve it? How did each person’s communication “blow-up” the issue?

Summer at City Hall

Wednesday, June 17th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Enthusiasm & Attitude

9:00 am Head to separate classrooms

9:00 – 10:00 am Power of PMA

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Life is Full of Hard Knocks

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand what it means to have a “can do” attitude and how it effects your performance
* Learn how to cultivate a positive attitude in face of challenges

Debrief Questions:

* Share about a time you faced a challenge, what type of mental attitude did you have?
* In the future can you thing of some challenges you may face?
* How can remaining positive support you through those challenges?

Summer at City Hall

Thursday, June 18th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Teamwork

9:00 am Head to separate classrooms

9:00 – 10:00 am There is No “I” in Team / I’ll Give You Some of Min if You Give Me Some of Yours

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am The Good, the Bad, and the Reasonable

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand the importance of working as a team in the work place
* Self-evaluate their ability to work as a team member and reflect on ways to improve
* Explore how team members play different roles within a group

Debrief Questions:

* What does it look, sound, and feel like to work in a positive supportive team? What about the opposite?
* Have you had a positive or negative experience working on teams?
* What unique skill or perspective do you bring to a team?

Summer at City Hall

Friday, June 19th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Meet & Greet (Meeting Supervisor’s)

9:00 am Remain in Chambers

9:00 – 10:00 am Presentation by HR

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am

11:40 – 12:00 pm

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand the types of skills and attitude that an employers is looking for
* Meet internship supervisor
* Understand how to present themselves and communicate with adults

Debrief Questions:

Summer at City Hall

Monday, June 22nd Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Active Citizenship

9:00 am Head to separate classrooms

9:00 – 10:00 am What is a Citizen?

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am What is a Citizen?

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Translate American principles into practice
* Engage effectively in the democratic process
* Negotiate between possibly conflicting rights and responsibilities

Debrief Questions:

* Do you have a real-life example of an active citizen? Past or present?
* What does democratic look like in an ideal world?
* How can you be an active citizen, without voting?

Summer at City Hall

Tuesday, June 23rd Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Rule of Law

9:00 am Head to separate classrooms

9:00 – 10:00 am Rule of Law

10:00 – 11:00 am Speaker: Daniela Urban “Knowing Your Rights”

11:00 –11:30 am Ice Breakers (Returning Youth)

11:30 – 11:50 pm Rule of Law/ Washington’s Farewell Address

11:50 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Ability to translate American principles of democracy into practice
* Recognize the responsibilities that accompany right and freedoms

Debrief Questions:

* Describe a quality of leadership you have, describe one you would like to learn.
* Is Washington’s words still relevant today? If so, why? If not, why?

Summer at City Hall

Wednesday, June 24th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Service Day

9:00 am Load Buses

9:00 – 11:30 am Clean Park

11:30 –12:00 pm Lunch

12:00-12:30 pm Load Buses and Back to City Hall

Learning Objectives:

* Actively service the community
* Understand the importance of service
* Practice active citizenship by giving back to the community

Debrief Questions:

Summer at City Hall

Thursday, June 25th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Consent of Governed/ Rights and Responsibilities

9:00 am Head to separate classrooms

9:00 – 10:00 am Consent of the Governed

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Rights and Responsibilities

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Develop respect for the principles and values that we hold in common
* Appreciate the significance of freedom and equality
* Develop tolerance for diversity of opinions

Debrief Questions:

* What is a privilege, what is a right? Are there basic human needs that are not rights?
* What does personal responsibility mean to you?
* Are there ways that democracy can support responsibility?

Summer at City Hall

Friday, June 26th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Equality & Liberty/ Social Capital & Democracy

9:00 am Head to separate classrooms

9:00 – 10:00 am Equality & Liberty

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Social Capital & Democracy

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Utilize various methods to critically evaluate public issues and public opinion polls
* Analyze the meaning and practice of equality and liberty

Debrief Questions:

* Are certain types of people more privileged in our country?
* What does privilege look like?
* In what ways can we create more equality?
* When you think of “liberty”, what does it look, sound, feel like?

Summer at City Hall

Monday, June 29th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Local Government

9:00 am Head to separate classrooms

9:00 – 10:00 am Pre-assessment / Quote Walk

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Discussion: KWL

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand basic structure of local government
* Explore opinion on governance

Debrief Questions:

* What kind of services does the City provide?
* What is the role of the City Manager vs. the Mayor?
* Who is your City Councilmember?
* What do you think the day to day of a Councilmember looks like?

Summer at City Hall

Tuesday, June 30th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Structure and Roles

9:00 am Head to separate classrooms

9:00 – 10:00 am Who runs the City?

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Who runs the City? / Role Playing Local Government

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand Sacramento City Government structure and roles
* Practice leadership and team work by role playing real-life decisions

Debrief Questions:

* What kind of thought process is involved in making a big decision for a large number of people?
* Explain a different form of municipal government than the City of Sacramento.
* What have you learned about governing you weren’t aware of before?

Summer at City Hall

Wednesday, July 1st Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Representatives

9:00 am Head to separate classrooms

9:00 – 10:00 am Scavenger Hunt

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Peer Lectures

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Research local government structure using the internet
* Practice public speaking by sharing knowledge in groups

Debrief Questions:

* Now that you know more about your representatives, could you see yourself running for office? Why or why not?
* What have you noticed about who represents us?

Summer at City Hall

Thursday, July 2nd Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Representatives

9:00 am Head to separate classrooms

9:00 – 10:00 am Scavenger Hunt

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Peer Lectures – Mapping your community

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Research local government structure using the internet
* Practice public speaking by sharing knowledge in groups

Debrief Questions:

* What needs are being addressed by your representatives?
* What needs or issues are not?
* How could you have a voice in these matters?
* If you could change one thing in your community, what would it be and why?

Summer at City Hall

Monday, July 6th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Power of Research

9:00 am Head to separate classrooms

9:00 – 10:00 am Knowledge is Power

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Problem Solving and Critical Thinking

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Define social science and understand the power of social science research to make change happen
* Understand the importance of problem solving and critical thinking in order to face challenges and issues that arise on the job

Debrief Questions:

* Has your perceptive on the phrase, “Knowledge is power” changed?
* How does it make you feel when other criticize the work that you do?
* Are you able to respond to feedback differently?

Summer at City Hall

Tuesday, July 7th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Issues and Assets

9:00 am Head to separate classrooms

9:00 – 10:00 am Active Listening Review

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Identify Issues and Assets

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Identify key issues that concern them and key assets that support them in their community
* Review active listening, ensure there is an understanding of what active listening is, why active listening is important, and the role of active listening in leadership

Debrief Questions:

* How does it feel when someone is actively listening to you?
* How does it feel when they are not?
* In the Issues and Assets exercise, how did active listening support the group?
* What is an asset?

Summer at City Hall

Wednesday, July 8th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Community Webs – Picking Topic for Project

9:00 am Head to separate classrooms

9:00 – 10:00 am Community Webs

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Picking a Topic

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Define what community means to them and understand the interdependency of the people and places within their community
* Map resources and needs they see in their community and identify the diverse perspectives that group members bring to the community
* Select a topic(s) for their research and action project

Debrief Questions:

* What is one thing about your community you learned, that you were not aware of before?
* Were there any disagreements in your group; if not why, and if so, on what?
* What are some issues in the community that your group discussed?
* What topic did you choose to research, and why?
* Does you group have a collection of different backgrounds? How does this help?

Summer at City Hall

Thursday, July 9th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Getting to the Root

9:00 am Head to separate classrooms

9:00 – 10:00 am Complete Pick a Topic – Getting to the Root of the Problem

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Getting to the Root

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Complete Pick a Topic activity so that all students are in a group, and have a topic
* Identify the causes and effects of their selected community issue

Debrief Questions:

* Did any of you decide to change your topic from yesterday, if so why?
* How can the process of identify causes and effects help you in your own life?

Summer at City Hall

Friday, July 10th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Research Questions

9:00 am Head to separate classrooms

9:00 – 10:00 am Complete Getting to the Root – Research Questions

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Research Questions

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Complete Getting to the Root
* Students will come up with research questions related to their chosen topic

Debrief Questions:

* Did you make any discoveries or gain insight into your topic?
* What kind of research questions did your team create?
* How will you begin your research?

Summer at City Hall

Monday, July 13th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Qualities of Leadership

9:00 am Head to separate classrooms

9:00 – 10:00 am Qualities of Leadership

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Workplace Ethics

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Explore definition and characteristics of leadership and begin to apply definitions to themselves and their community
* Build awareness around personal values or standards of behavior
* Practice steps on how to make ethical decisions on the job

Debrief Questions:

* What is a value that you hold? Where or when was it formed?
* How do you like to make decisions? By yourself or with a group, what is the upside and downside both of these methods?

Summer at City Hall

Tuesday, July 14th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Community Leader

9:00 am Head to separate classrooms

9:00 – 10:00 am Leadership in the community context

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Will of a Leader

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Apply their definitions of leadership to their community context
* Explore of the pros and cons of comparing themselves to other
* Recognize their own value and potential

Debrief Questions:

* How can you “rewire” your own thinking to support your potential rather than your critic?
* Is there a leader you admire? Who, and why do you look up to them?
* What natural ability do you poses that you can build on this summer?

Summer at City Hall

Thursday, July 16th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Values and Identity

9:00 am Head to separate classrooms

9:00 – 10:00 am Values and Identity

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Crossing the Line

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Understand how personal values affect leadership
* Understand the importance of encouraging diversity rather than suppress it

Debrief Questions:

* How can you be supportive with your fellow classmates?
* What does tolerance look, sound, and feel like?
* Did you recognize yourself in others today?

Summer at City Hall

Friday, July 17th Agenda

7:30 am Arrive and prep classroom

8:00 – 8:30 am Breakfast

8:30 am Program Start

8:30 – 9:00 am Group check-in

 Questions/Comments/Concerns

 Review Agreements

 Introduce Topic for the Day – Advocacy Project

9:00 am Head to separate classrooms

9:00 – 10:00 am Key Steps in the Inquiry Process

10:00 – 10:30 am Ice breaker/Teambuilding Activity (Facilitated by Returning Youth)

10:30 –11:40 am Work on project

11:40 – 12:00 pm Debrief/Q&A

12:00 –12:30 pm Lunch

Learning Objectives:

* Support students in their next steps in developing an advocacy project

Debrief Questions:

* Where are your teams at?
* What do you need support on?
* What are you exceling at?
* What are you having trouble with?